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HIV/AIDS Radio Lifeline in the Congo: New On-Air African Version of *HIV, Health and Your Community* Recordings in English, French, Swahili & Lugala

A new message of HIV/AIDS treatment, care and prevention is preparing to air in the Democratic Republic of the Congo. The Hesperian book *HIV, Health and Your Community*—a comprehensive and simply written guide to combating HIV/AIDS—will be on Congolese radio stations alongside the rhythms of Congolese Rhumba and Highlife. The recordings will first be made in English for broadcast in the Congo, and then in French, Swahili and Lugala.

“The radio station thought that the most up-to-date information in lay language was the recently released reprint of the Hesperian book *HIV, Health and Your Community*,” declared Dr. Arthur Amman, president of the San Francisco based Global Strategies for HIV Prevention. “After reviewing it the radio station was extremely enthused and felt they could make tape recordings of the entire book to be broadcast in Goma and other regions of the Congo and make it available to additional radio stations throughout Africa. They will record the book over the next two years in at least four languages.”

Once the first recordings are complete the station hopes to broadcast taped versions of the book in Francophone and other parts of Africa. New material in this 4th printing describes effective, low-cost care strategies for people with HIV, advances in testing technology, and guidelines for administering antiretroviral medicines to both adults and children. It also deals with AIDS stigma, setting up AIDS testing sites and which antiretroviral treatments are actually available to poor people around the globe.

HIV, Health and Your Community is everything you need to know to stop AIDS in your community all in one book, all based on cooperative, grassroots strategies that have proved successful in breaking the chains of infection and illness in other diseases. As B.D. Schoub director of South Africa’s National Institute for Virology puts it, the book is “of great importance as a guide for primary health care workers as well as laypersons.”

Hesperian is dedicated to providing simply written and heavily illustrated health care manuals which empower communities, and the revised HIV/AIDS book is only the latest addition to the foundation’s catalog. Hesperian publications contain a wealth of life-saving information on diagnosing and treating a wide variety of conditions and ailments: everything from dysentery and gonorrhea to gunshot wounds.

HIV, Health and Your Community can be downloaded in its entirety by visiting our website at www.hesperian.org. The book can also be purchased for \$18 plus shipping by calling 888 729 1796 or emailing us at bookorders@hesperian.org.